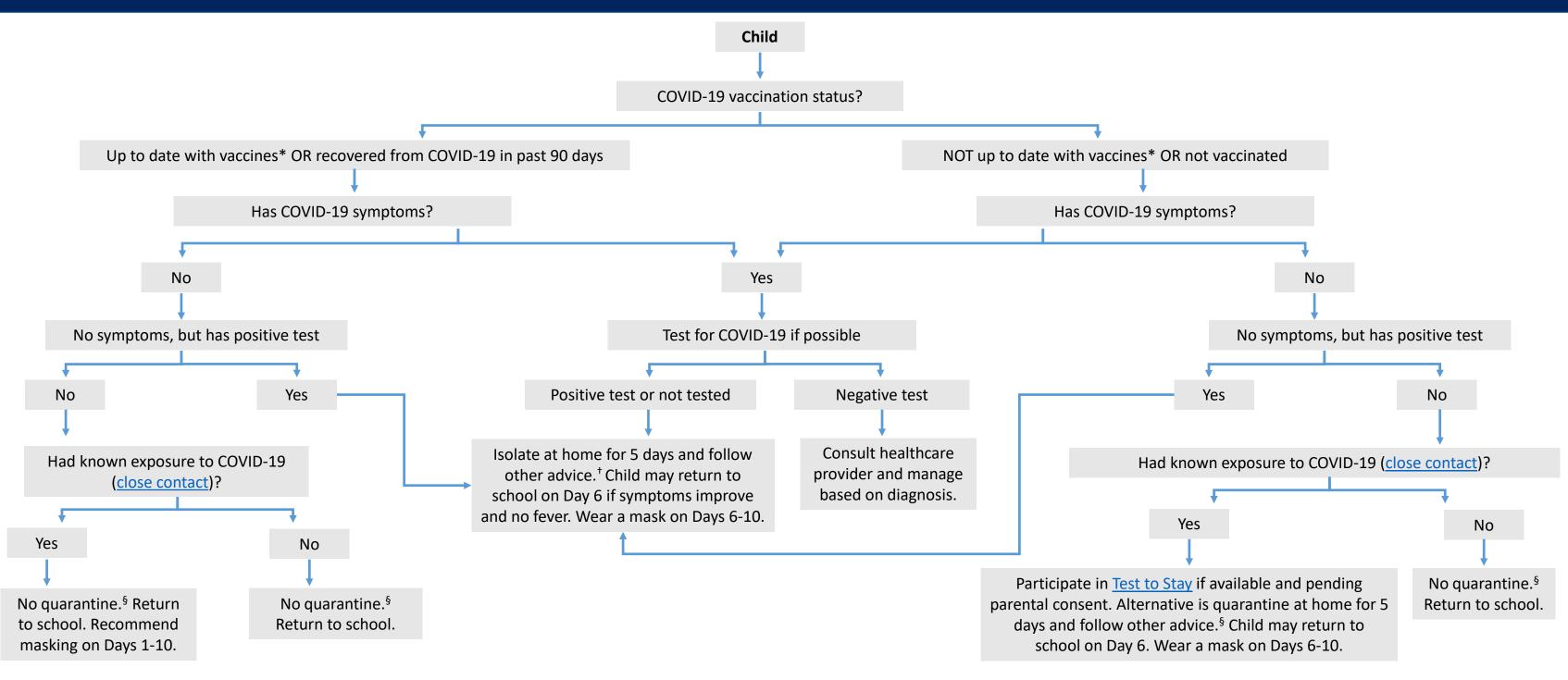
What to do if my child is ill or exposed to COVID-19?





KEY POINTS: Regardless of vaccination status, any person with COVID-19 symptoms should be tested (if possible). If testing is not done or if the test is positive, the person should isolate at home and follow other recommendations. Children who are up to date on their COVID-19 vaccines or who have recovered from COVID-19 in the past 90 days do not need to guarantine (stay home) after close contact exposure.

*Up to date with vaccines means a person has received all recommended COVID-19 vaccines, including boosters when eligible. VDH recommends that everyone remain up-to-date on COVID-19 vaccination. VDH generally recommends quarantine for anyone who is not up-to-date if they come into close contact with a person who is infectious with COVID-19. However, to minimize disruption to in-person learning, students ages 12-17 years who completed their COVID-19 primary vaccine series but have not yet received a booster can forgo quarantine at this time.

[†]Isolate means stay at home and away from others for at least 5 days after symptoms start (or positive test if no symptoms). Wear a mask when around others for a full 10 days. Day 0 is the date of symptom onset or positive test (if no symptoms). [§]Quarantine means stay at home and away from others for at least 5 days after exposure to someone with COVID-19. Even if quarantine is not required, testing is recommended on Day 5, if possible, except for those who recovered from COVID-19 in the past 90 days; they should also wear masks around others for a full 10 days. Day 0 is the date of last exposure.



